Lesson 4 Cain and Abel

Pictures 4, 5



Aim

Cain kills Abel. This shows what sin does.

Teacher Preparation: Ask God to help you prepare the lesson. Then read and study Genesis 4:1-16 and the lesson plan.

Memory Verse: Genesis 4:7

Sin is crouching at your door. It wants to rule you but you must over come it.

Lesson Plan

Introduction

Before Sunday School arrange with about 6 children to act 2 little plays, one play could show 2 or 3 children quarrelling over the same toy car or some other possession. The second play could show a group of girls abusing each other.

Main Points of Lesson

1. Refer to the plays just acted and suggest that the people in them were not very happy. Show picture 4 and ask why Adam and Eve are leaving the garden. Try to get the following type of answers from the class.

They ate of the tree of knowledge of good and bad. They disobeyed God. They sinned.

Revise Memory Verse, Romans 5:12

2. Tell the story of Gen. 4:1 & 2 in your own words about the first family.

3. Abel and Cain worshipped God v.3

4. Cain did not bring the right offering, God could not accept it. Cain was angry. He disobeyed God. v.5

5. God spoke to Cain. "Get rid of your anger." v.6 & 7

6. Cain was jealous of Abel and killed him. v.8. *Show picture 5.*



Teach Memory Verse

7. Give an example of a quarrel in a family or refer back to the plays in the introduction. Cain let sin rule him.

8. God spoke to Cain again. v.9 Cain lied to God.

9. Cain was sent away from God. Going away from God is the punishment for sin. v.14

Review

Briefly go over the lesson emphasising the Bible truth that damaged lives, shattered relationships and separation from God are the result of sin.

Our Response to the Lesson

Act the plays (or just one of them) from the introduction again but change the ending. This will have the effect of stressing the last part of the memory verse i.e. you must overcome it.

Our memory verse tells us we must overcome sin. But this is not something we can do by ourselves. We need God's help to overcome sin in our lives.

If the boys are quarrelling over a toy car, another person, perhaps the teacher could come in and suggest they all help each other make another car. Say the memory verse altogether at the end.