Lesson - 1: A FAMILY FLEES FROM FAMINE

Scripture Reading: Ruth 1:1-5

1. Who Am I?

Choose from: Elimelech, Naomi, Moab

1. I took my family away from the hungry land. Who am I? _____
2. I was the wife who lost my husband and sons. Who am I? _____
3. I am the country where there was food. Who am I? _____

2. Yes or No?

Write Y for yes or N for no:

1. Did Bethlehem have lots of bread at that time? (___)
2. Did the family walk a long way to Moab? (___)
3. Did the Moabites worship the Lord? (___)

3. Complete the Sentences

Word box: famine, help, hills

1. There was no food because of a _____. _____
2. The Psalm says, "I lift up my eyes to the _____." _____
3. Our true _____ comes from God. _____

4. Discussion Questions

1. Why did Elimelech leave Bethlehem?

2. Why do families still leave their homes today?

3. How can we help families who are hungry?

5. Memory Verse:

Psalm 121:1 — "I lift up my eyes to the hills—where does my help come from?"
Psalm 46:1 — "God is our refuge and strength, an ever-present help in trouble."

6. Colour the Picture:

